

Can Narcan hurt someone?

No, Narcan does not have an effect on someone who does not have opioids in their system. You cannot overdose on Narcan. It is safe for all ages.

Will I get in trouble for helping?

The Good Samaritan Law protects you from legal liability if you are acting in good faith to try to save a life, such as administering Narcan or CPR. It also protects the person who overdosed.

Where can I get Narcan?

Narcan can be found over the counter at pharmacies. It can be purchased online.

Free Narcan is available through community organizations and local partners.



NARCAN 101

Naloxone is a medication that can rapidly reverse an opioid overdose. The most common type of naloxone is a nasal spray called Narcan.



This resource is for educational purposes and is not a substitute for emergency medical care. This program is funded by Sacramento County Substance Use Prevention and Treatment Services.

Know the Signs. Save a Life.

SIGNS OF AN OVERDOSE

Watch for these signs:



clammy, pale
skin



blue lips or
skin



pinpoint
pupils



slow heartbeat



slow, irregular
or stopped
breathing



unresponsive
to voice or
touch

**Call 911 immediately if you
suspect an overdose.**

@seeherbloom
seeherbloom.org

HOW TO USE NARCAN



LAY

Check for slowed breathing or
unresponsiveness.
Lay the person on their back and tilt
the head up.



SPRAY

Insert device into either nostril and
press plunger firmly.



STAY

Call 911 immediately and continue
to administer doses as needed.



Learn more about
Narcan & find free
resources near you.

NARCAN[®]